

## About The Book

### Holly Bot FROM SURVIVING TO LIVING

Part prison memoir, part spiritual journey, this book wrestles with shame, identity, and the slow work of grace that turns mere survival into real life. Holly does not minimize her failures or the harm they caused, but she bears witness to the God who redeems even what seems beyond repair.

Raw and redemptive, From Surviving to Living is for readers who believe in second chances—or who long to believe they might still be possible.

### A Resource

More than a memoir, this book is a practical and spiritual resource for inmates, families, and facilities—offering understanding, encouragement, and a message of redemption that illuminates a path toward healing and transformation.

## Reviews

★★★★★★ SueLin Kalisch

An incredible tale of brutal honesty, hope, and despair...

Her book forced me to hold a mirror to myself, and confront the poor attitudes and behaviours I've adopted, and the excuses I use to avoid being accountable for my actions.

★★★★★☆☆ Heather Caldwell

Inspiring and heartfelt... Bot's voice is genuine and relatable... The book offers meaningful insights, practical encouragement, and moments of vulnerability that truly resonate.

★★★★★☆☆ Lisa M.

As a society, we sentence people to prison terms in hopes they "learn a lesson"... I found this book to be an amazing depiction of what we hope all prisoners find while serving their time.

★★★★★☆☆ Kerri Green

I went into this book with an open mind. I am a survivor of child SA... this book gives validation that my forgiveness was the right thing to do for my abuser.